



THE ULTIMATE CARE PACKAGE GUIDE

Going away to college can be tough on both students and parents.

Remind your college student that they are loved and missed by crafting the perfect care package.



THE MEDICINE CABINET

- Toothpaste, shampoo, deodorant, and razor blades:** essentials tend to run out when money is tightest.
- Tissues, cough drops, and cold medicine:** in case your kid becomes sick.
- Band aids, antiseptic cream, and other first-aid supplies:** if the need arises.



THE PANTRY

- Soup-in-a-cup, instant oatmeal, and other dorm-friendly foods:** to fulfill more than one craving.
- Hot chocolate, tea, instant coffee, and drink fixings:** to keep warm and awake.
- Trail mix, dark chocolate, and other snacks:** to keep the brain energized during long study sessions.



THE CLEANUP

- Disposable multi-surface wipes:** for general dorm upkeep.
- Paper towels and napkins:** for mess prevention.
- Scented air fresheners:** for keeping their room smelling fresh.



THE GIFTCARD

- Pre-paid debit cards:** for the occasional iced coffee treat or dinner out.
- Gift cards for the college store:** to help pay for books and other study materials.



THE BAKE SALE

- Homemade baked treats:** to indulge their sweet tooth.
- Treats from your hometown:** to remind your student of home.



THE FESTIVITIES

- Birthday packages:** to make your student feel loved on their special day.
- Small seasonal decorations:** to help give the dorm room a homey feel.